



THE BUZZELL BUZZ

DECEMBER 2015

THE DEPARTMENT OF ELDERLY SERVICES

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MONDAY THRU FRIDAY—9:00AM-4:30PM



Terri's Notes

Welcome to the month of December! Throughout the newsletter you will see some fun events we would like to share with you. The Department of Elderly Services would like to take this opportunity to wish everyone and their families a very Happy and Safe Holiday Season. We also want to thank the many volunteers, local organizations and students for all their hard and dedicated efforts for making 2015 a great success.

This year we will continue ringing in the holiday season with our **“Annual Giving Tree,”** a special tree in our lobby holding written ornaments stating needed gifts for the elders of Wilmington. The community has given overwhelming support to this yearly program. Feel free to come down and choose an ornament from the tree and then bring your prepared gift back to the center wrapped for the holidays. Please have the prepared packages at the center starting the week of December 14, 2015 to make sure they will be delivered in time. These gifts are personally delivered to bring a bit of holiday cheer to Wilmington elders. If you should know anyone who could benefit from this program please feel free to contact Terri Marciello at 978-657-7595. There are no names given out to the public, everything is kept confidential. The past several years have been tremendous in support from the community and even more appreciation from the elderly participants. Thanks in advance to the many residents who help make this event possible.

The Department of Elderly Services would like to extend a big thanks to the Friendship Lodge and Kiwanis Club for once again hosting holiday dinners at the Buzzell Senior Center. It is a great way to kick off the holiday season with good food and good friends. Thank you again!

On Wednesday, December 30, 2015, we will be celebrating the end of 2015 and getting ready to ring in the New Year of 2016. Come get yourself in the holiday spirit with refreshments and drinks. Please sign up at front desk to ensure there will be enough treats for everyone.

Stay Social With Us!

Want to stay up to date with everything going on at the center? Check out our website and visit our Twitter page!

Twitter: [@TheBuzzellBuzz](https://twitter.com/TheBuzzellBuzz)

Website: http://www.town.wilmington.ma.us/Pages/WilmingtonMA_Elderly/index

Bracelets—IPods for Wounded Veterans

Come join the wonderful group that creates beautiful bracelets for the iPods for Wounded Veterans organization.

The group meets at 9:30AM the **1st and 3rd Wednesday** of the month.

If interested and would like more information, please contact the center!



*Happy
Holiday
Season!*

December Social Events

Dinner Sponsored by the Friendship Lodge—Tuesday, December 1, 2015 (6:00PM)

FREE EVENT—Currently FULL—Please ask to be on waiting list!

Join us for a delicious pasta & meatball dinner that you do not want to miss! We are very fortunate to have this dinner sponsored by the Wilmington Friendship Lodge.
(Event will be held at the Buzzell Senior Center)



Luncheon Sponsored by Kiwanis Club of Wilmington—Sunday, December 6th (12:00PM)

FREE EVENT—Call or visit center to check availability!

Spend your Sunday afternoon with us and the Kiwanis Club of Wilmington!
This luncheon is sponsored by the Kiwanis Club and sure to be a great time.
(Event will be held at the Buzzell Senior Center)



2015 Annual Holiday Party- Wednesday, December 9, 2015 (6:30PM)
Tewksbury Country Club

Tickets are \$25/person—fun music and entertainment provided by DJ Dan!!

Purchase your tickets at the front desk!

Strings Attached Holiday Performance - December 18, 2015 (1:15PM)

We are so fortunate to have Strings Attached from the Wilmington High School come and perform some beautiful holiday music! Please make sure to sign-up at the front desk so you can join in on the fun!

December Birthdays

*We can't help you blow out the candles
on your cake unless you tell us your
special day!*

**Please call the Senior Center to
confirm your birthday month so
that we can mention you in future
newsletters!**

(We are updating our systems)

Donat Bourassa
Mary Schultz
Mary Murphy
Doris Allen
Jackie Gray
Gerry Thuillier
Sieglinde Kashian
Noel Fugere
Celia Cornish

We would like to wish a
special Happy Birthday to
****Jessi Hudson-Fanjoy****
who is turning 100 years old
this month!

We hope you have an
awesome day!!



happy,
happy
birthday
to you!

IN LOVING MEMORY

We express sympathy for the loss of our friends

Robert Flynn

Verna Richard

John Columbare

Joseph Sampson

Thelma Moore

Dorothy Fairweather

GET WELL WISHES

John Wallace

SENDING THANKS—

ROCCO'S RESTAURANT & DUNKIN' DONUTS

As we are approaching the holiday season, we are so
thankful for the wonderful members of the
community who support us in so many ways.

The Buzzell Senior Center would like to thank
Dunkin' Donuts and Rocco's Restaurant in
Wilmington. Dunkin Donut's has graciously donated
delicious donuts for our members to enjoy! This year,
the Homebound Meal for the Holidays is being pre-
pared by Rocco's Restaurant! This is such a special
meal and we are so grateful to have continued
support each and every year.

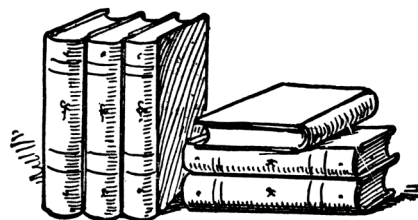


Homebound Library Delivery Service

Would you like to borrow books, DVDs, etc.
from the Wilmington Memorial Library but have
no one available to go to the library for you? Then
you should know about the Homebound Library
Delivery Service provided by volunteers.

We have volunteers who will go to the library and
bring the books and materials to your home. Just
contact Ann St. Onge (978-658-5036),
coordinator of the Homebound Volunteers. You
can also call the Adult Services Librarian, Kim
Rowley (978-658-2967), at the library and re-
quest a volunteer.

Remember this is a **FREE** service provided by
volunteer Friends of the Library.



COMPUTER NEWS FOR DECEMBER 2015

We have been approached again to offer classes for those who have very little knowledge about computers.

We could not ignore that request, so we want to open up that opportunity to any and all of you who want the same thing. Beginning in December, we will have a four (4) week session on "Computers for beginners." We are not interested in knowing why you need this help, but we want to help.

What we don't want, is you being looked upon by family and friends as somehow "lacking" because we don't have the knowledge and skill needed to use a computer.

I personally am tired of hearing stories about how 4 year olds are helping their grandparents use a computer.

So, if you feel the same way, or just what to refresh your knowledge once again, come and see us, we promise to help! We have set aside class time in November and December, so all you need to do is sign up, so ask at the front desk.

Please remember that Tuesdays are reserved for "one-on-one" help. If your need help with your computer, or just have a question, come in and see us.

Also, if you what to use the new Greeting Card program we have, drop in and we'll get your started on making your own cards. Save your money and make your greeting card here. They will be better, cheaper and appreciated more when it has the personal message only you can write!

2015 Annual Holiday Party

Wednesday, December 9, 2015—6:30PM- Tewksbury Country Club



Let's celebrate the holiday season together with a delicious dinner! Come to the Tewksbury Country Club for an evening of delicious food, socializing, and fun music provided by DJ Dan!

(Back by popular demand!!)

Get your dancing shoes ready for a great time!

**Tickets are \$25 per person.
Get your ticket at the front desk!**



Wilmington High School Strings Attached Orchestra

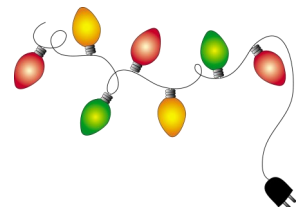
Holiday Performance 2015

Friday, December 18, 2015—1:15PM

Members from the Wilmington High School Strings Attached Orchestra will be coming over to the center to perform a few of their favorite holiday tunes. Come sit and relax and enjoy some beautiful music to ring in the holiday season.



Please sign-up at the front desk!!



Ring in 2016!

****New Years Open House****

December 30, 2015

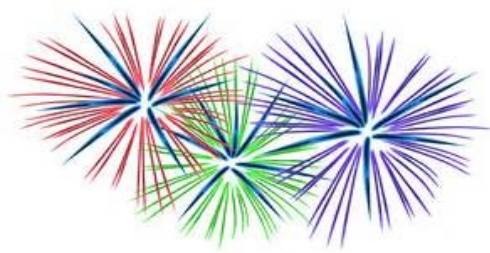
Can you believe it's already the end of 2015!?

Come celebrate the start of new memories with us as we ring in 2016! Our New Years Open House will be on Wednesday, December 30th from 1-3PM!

Enjoy delicious food, fun music, and good company with your closest friends.

We will be looking through memories from the year and getting ready for the countdown to midnight!

**Start signing up on
Tuesday, December 8, 2015!
(\$2.00 per ticket)**



Fuel Assistance 2015

The Community Teamwork, Inc. Fuel Assistance Program is available to new applicants starting November 1, 2015 and runs thru April 2016. Fuel Assistance can help pay part of your home's winter heating bill. Any Wilmington resident who is 60 years or older in need of fuel assistance, please call to set up your appointment for assistance in this application process with Terri Marciello (Director)/Laura Pickett (Case Manager) at 978-657-7595. Wilmington residents that applied last year and are receiving renewal applications in the mail may also call for an appointment. Residents under the age of 60 should contact the Billerica Veteran's Agent (978-671-0968).

Household Size	Maximum Gross Income
1	\$33,126
2	\$43,319
3	\$53,511
4	\$63,704
5	\$73,897
6	\$84,089

***And Now We Welcome The New Year—
What A Year It Has Been!***





December 2015



SUN	MON	TUE	WED	THU	FRI	SAT
		1 9:00AM Zumba 9:15AM Comp. Class 10:30 AM Aerobics 1230PMWii Bowling 3:00PM 3B Fitness 6PM Dinner Sponsored by the Friendship Lodge	2 9:45 AM SBF Exer. 11AM Special Exer. 1:00 PM Country Line Dancing	3 9:15AM Comp. Class 10:00 AM Art Class 10:30 AM Aerobics 11AM Knitting/ Crocheting 1:00 PM Game Day	4 10:00 AM Video Exercise 11:00AM Special Exercise 1:00 PM Bingo 1:00 Cards	5
6 Luncheon sponsored by Kiwanis Club 12PM	7 9:30AM Blood Pressure 9:45 AM SBF Exercise 11AM Special Exercise 1:00PM Quilting	8 9:00AM Zumba 9:15AM Comp. Class 10:30 AM Aerobics 1230PMWii Bowling 2:00PM 3B Fitness	9 9:45 AM SBF Exer. 11AM Special Exer. 1:00 PM Country Line Dancing 6:30PM Annual Holiday Party	10 9:15AM Comp. Class 10:00 AM Art Class 10:30 AM Aerobics 11AM Knitting/ Crocheting 1:00 PM Game Day	11 10:00 AM Video Exercise 11:00AM Special Exercise 1:00 PM Bingo 1:00 Cards	12
13	14 9:30AM Blood Pressure 9:45 AM SBF Exercise 11AM Special Exercise 1:00PM Quilting	15 9:15AM Comp. Class 10:30 AM Aerobics 1230PMWii Bowling 2:00PM 3B Fitness	16 9:30AM Podiatrist 9:45 AM SBF Exer- cise 11AM Special Exer- cise 1:00 PM Country Line Dancing 4:15 Gentle Yoga	17 9:15AM Comp. Class 10:00 AM Art Class 10:30 AM Aerobics 11AM Knitting/ Crocheting 1:00PM Game Day 1:30PM Commissioner's Meeting	18 10:00 AM Video Exer 11:00 AM Special Exer 1:00 Cards 1:15PM Strings Attached Performance	19
20	21 9:30AM Blood Pressure 9:45 AM SBF Exercise 11AM Special Exercise 1:00PM Quilting	22 9:15AM Comp. Class 10:30 AM Aerobics 1230PM Wii Bowling	23 9:45 AM SBF Exercise 11:00AM Special Exer. 1:00 PM Country Line Dancing 4:15 Gentle Yoga	24 9:15AM Comp. Class 10:00 AM Art Class 10:30 AM Aerobics 11AM Knitting/ Crocheting 1:00 PM Game Day	25 CENTER CLOSED  CHRISTMAS	26
27	28 9:30AM Blood Pressure 9:45 AM SBF Exercise 11AM Special Exercise 1:00PM Quilting	29 9:15AM Comp. Class 10:30 AM Aerobics 1230PM Wii Bowling	30 New Years Open House 1:00-3:00PM NO EXERCISE	31 9:15AM Comp. Class 10:00 AM Art Class 10:30 AM Aerobics 11AM Knitting/ Crocheting 1:00 PM Game Day		

UPCOMING CHANGES (PODIATRIST) - Please note the date changes for January and February 2016
1/13 (January—2nd week) & 2/24 (February—4th week)



TOWN OF WILMINGTON

**PRESORTED
STANDARD
US POSTAGE PAID
WILMINGTON, MA
PERMIT NO 10**

CURRENT RESIDENT OR



ACTIVITY PROGRAMS

MONDAY

BLOOD PRESSURE CLINIC 9:00
SBF EXERCISE 9:45 - 11
SPECIAL EXERCISE 11-12
CERAMICS 12:00
QUILTING 1:00

TUESDAY

AEROBICS 10:30
Wii BOWLING 1:00 PM

WEDNESDAY

CRAFT CLASS 9-12
SBF EXERCISE 9:45 - 11
SPECIAL EXERCISE 11-12
CARDS 1:30-4
FUN SINGERS 3:00

THURSDAY

AEROBICS 10:30
ACRYLIC PAINTING 10:00
KNITTING/CROCHETING 11:00
CRIBBAGE/GAME DAY 1:00PM

FRIDAY

VIDEO EXERCISE 10-11
SPECIAL EXERCISE 11-12
BINGO 1-3
CARDS 1:30-4

DAILY

GAME ROOM -SOCIALIZATION
KITCHEN 9-4:30

HAIRDRESSER

LAST WEDNESDAY OF MONTH
CALL FOR APPT.
781-245-6605

SPECIAL PROGRAMS

PODIATRIST

3RD WEDNESDAY OF THE MONTH
9:30

SHINE COUNSELOR

CALL FOR PERSONAL
APPOINTMENT

HOME DELIVERED MEALS

MONDAY-FRIDAY
COST \$2.00
CALL FOR INFO
978-657-7595

COMMISSIONER'S MEETING

3rd THURSDAY OF EVERY MONTH
AT 1:30 PM

SENIOR VAN SERVICES

MONDAY THRU FRIDAY
PICKUPS FROM 9:00 AM THRU 3:00 PM. MUST
CALL TO SCHEDULE PICKUP AT LEAST 48
HOURS IN ADVANCE. VAN SERVICES A 13
MILE RADIUS OF WILMINGTON.